



## **Sports Policy**

### **Preamble**

Sports and Games are an essential part of human life. The active involvement in games and sports not only helps to improve the physical components of the body, it promotes the psychological and behavioural attributes of human life like active lifestyle, social inclusiveness, employment opportunities, and also builds character, self-confidence, self-esteem, leadership, cohesiveness, co-operation, and team spirit.

It also helps in developing strategic thinking, analytical thinking, leadership skills, goal setting, risk-taking, and an enormous number of abilities. Additionally, regular participation in sports keeps an individual healthy and fit.

It reduces the monotony of daily life. It is a useful means of entertainment as well as gives individual energy and strength.

This Sports Policy helps the students and employees of the Ahmedabad University to understand the University Sports Programme and facilities better. This also helps the students to understand the criteria to be followed for team selection and more.

### **Objective**

- To develop the sports culture at the University
- To create guidelines for the athletes, coaches, students, and employees of Ahmedabad University who wish to be part of University Sports Teams
- To create awareness about the sports related rules and regulations for different levels of events among the users
- To create a sense of responsibility among the University team players towards the University, team members, and themselves
- To promote and give an opportunity to the students to participate at different levels of competition to bring laurels for them, University, and nation.

### **Sports at Ahmedabad University - An Introduction**

#### **1. Sports Committee**

The core work/responsibility of the Sports Committee shall be to review the Sports Policy/rules and regulations of sports every 2 years and make the necessary changes for better implementation/execution of sports in and outside the Campus.

The Sports Committee shall also be indirectly involved in the University Team selection process on a year-round basis.



Members of the Sports Committee (5 members):

Chairman - Director of Sports

2 members from the teaching faculty nominated by the Vice Chancellor

2 Members from the administrative staff nominated by the Vice Chancellor

## **2. University Sports Team Selection Committee**

The Sports Team Selection Committee will be directly involved in the team selection process for West Zone Inter University, All India Inter University, and Open/Invitational Inter University Tournament participation.

The Sports Team Selection Committee will consist of

Director of Sports

Sports Coordinator

Team Coach/Trainer

## **3. Promotion of Sports Culture (Sports for All)**

All Ahmedabad University students and employees are encouraged to actively participate in various sports activities. The access to sports facilities is on a first-come-first-served basis and can be booked using the University's ICE app.

### **I. Facilities Available**

- Indoor (University Centre)
  - a. Athletics - 200 m (University Centre Rooftop)
  - b. Badminton
  - c. Basketball
  - d. Chess
  - e. Carrom
  - f. Futsal
  - g. Squash
  - h. Table Tennis
  - i. Volleyball
- Outdoor (University Sports Complex)
  - a. Athletics - 400 m (non-synthetic)
  - b. Basketball
  - c. Cricket (AES & HL grounds)
  - d. Football
  - e. Frisbee
  - f. Kho-Kho
  - g. Tennis
  - h. Volleyball



## II. Sports Facilities Timing

### a) Sports Complex

General Timings Tuesday to Sunday: 7am to 9pm (Monday Closed)

#### Game Specific Timings

- Basketball 10am-9pm
- Football 7am-9pm
- Tennis 7am-9pm
- Volleyball (synthetic) 7am-10am

### b) University Centre

General Timings Monday to Saturday: 7am to 9pm (Sunday Closed)

#### Game Specific Timings

- Basketball 8am-10am
- Badminton 11am-9pm
- Gymnasium 7am-11am & 12-9pm (Monday to Friday)  
7am-11am & 12-5pm (Saturday)
- Squash 8am-9pm
- Futsal & Jogging Track 8am-9pm
- Table Tennis 8am-9pm

## III. Availability

- a) Sports facilities should be booked in advance using the university's ICE app.
- b) Facilities might not be available at times due to university events or maintenance purposes.
- c) You are encouraged to avail the lockers on the 2<sup>nd</sup> floor, university centre, when using its facilities. Locker access requires you to submit your ID card at the University Centre helpdesk.

## IV. Coaching

- a) The coaches/mentors of the games/sports shall be available on ground to train the sports enthusiastic as per their schedule and availability.

## V. Equipment

- a) Consumable sports equipment for team games such as basketball, volleyball, football, or frisbee can be issued/provided by the sports office on a returnable basis on depositing your ID card.

## VI. Discipline

- a) Anyone utilising the sports facilities is required to follow the rules and regulations of the game and the ground/space.
- b) Proper sports attire i.e., T-shirt, Short/Skorts/Track Pants and Shoes, is mandatory.
- c) No outsiders are allowed in the sports complex/playing arenas.



- d) Users are required to book the facility for one hour only using the university ICE app.
- e) To use the facility during mornings, weekends or holiday sessions, a minimum of a 12-hour advance booking is required.
- f) Every user/player must adhere to the Sports Complex Rules laid down by the University Management for the best and optimum use of sports facilities.

#### **4. Participation at Intra-University Competitions**

The Sports Club, in coordination with the Sports office, will organise sports fests within Ahmedabad University around the year as per the following guidelines:

- I. All the sports fest activities must be planned and executed by the club office bearers in coordination with the Sports office.
- II. Participating team players must register themselves.
- III. Each team must maintain a ratio of 50:50 participation from girls and boys in all the team games, wherever possible.
- IV. All winning teams/individuals will be felicitated during the prize distribution ceremony at the end of the Sports Fest.

#### **5. Participation at State, National, International and University Games**

As a member of the Association of Indian University (AIU), Ahmedabad University promotes the participation in sports competitions organised by/affiliated to AIU every year. We also encourage the participation of athletes at state, national, and international level tournaments affiliated to various governing bodies:

- **State**  
Gujarat State Federation/National Association recognised/affiliated games and sports.
- **National**  
AIU/National Association/GOI/IOA/IOC recognised/affiliated games and sports.
- **International**  
AIU/National Association/GOI/IOA/IOC recognised/affiliated games and sports.

The terms and conditions for participation in the sports competitions/championships are listed here.

##### **I. Eligibility for Participation**

- a) All the teams for West Zone/AIU competitions will be selected by the University Sports Selection committee. The decision of the Committee will be final.
- b) Athletes who wish to participate in State/National /International level competitions need to furnish documents of trials/selection to the Sports office for further approval and records.



- c) Athletes who lose their academic grades regularly are not ALLOWED to represent university in any of the sports events until they improve their grades.
- d) All athletes who wish to represent the University/State at competition need to take necessary permission from the Sports office prior to the trials.

**II. Training Sessions**

- a) Athletes selected to be part of the University teams must compulsorily attend all practice sessions.
- b) The Sports office will schedule team training sessions throughout the year to train athletes for participation at different levels for various tournaments.
- c) The training sessions will be before or after academic hours and will include weekends.
- d) The Sports office may schedule 1 or 2 practice matches per week for preparing the teams.

**III. Coaching**

- a) The University may recruit dedicated coaches for all games and sports as per the policy or requirements as necessary.
- b) All consumables like cricket balls, stumps, table tennis balls, football, basketball, volleyball etc. for training sessions will be provided by the Sports office as per the availability without any charges.
- c) It is mandatory for coaches to accompany the teams at all AIU affiliated tournaments.

**IV. Attendance Considerations**

- a) Athletes who represent Ahmedabad University will be eligible for Authorised Absence for the time away from the Campus as per the University Attendance Policy. Please read the policy on Authorised Absence carefully to ensure that you understand the implications.

**V. TA/DA/Registration Fees**

- a) The University will bear the lodging and boarding expenditure of its teams on actuals, not exceeding INR 700 per person per day.
- b) Further to the lodging and boarding, the University will bear other expenses, including equipment purchase, officiating charges, etc. on actuals.

**VI. Accompanying Staff**

- a) A manager and a coach for each participating team at the National University Games is required. (If a coach is not available, only the manager may go with the teams.)
- b) One accompanying staff should be from the Sports office and the other can be nominated from the University staff list, as per the requirement and their availability with prior approval of the Sports Committee.
- c) The University will bear the lodging and boarding expenditure of the coach and manager as per the TA/DA clause V.



**VII. Sports Kit**

- a) All athletes and accompanying staff members who are representing the University at the National University Games will receive a sports kit annually from the Sports office which includes a Track Suit and Playing Kit (T-shirt & Short/Skorts/Trouser).

**VIII. Certificate of Participation**

- a) All athletes who represent the University at the West Zone Inter University Competition will receive a certificate of participation by the Sports office.

**6. Participation in Open /Invitational Tournament**

- a) Teams/individuals are required to take prior approval from the Sports office to represent the University at Open/ Invitational Tournaments.
- b) The Sports office shall either allow/disallow participation of the teams in these tournaments as per the significance of the event.
- c) The University will reimburse the registration fee of the tournament.
- d) No TA/DA shall be given.
- e) Sports kit may not be issued in such circumstances. If required, bibs can be procured from the Sports office, on a returnable basis.
- f) Accompanying staff are not mandatory with these teams.

**7. University Team Selection Procedure (Team and Individual)**

The Sports Team Selection Committee shall be involved directly in selecting the teams to the West Zone/All India Inter University Competitions.

The selection would happen on the basis of but not limited to the following

- Regularity in training sessions
- Game-specific skill/knowledge
- Physical fitness
- Psychological preparedness
- Regular previous achievements
- Team spirit
- Performance in practice sessions/ matches

**Note:** The decision of the Selection Committee will be final and abiding. The Committee will also suggest further participation of players based on their playing level.